

## Excavation Slips, Trips & Falls

### Everyone's help is needed!

- All employees on the jobsite are responsible for removing and preventing slip, trip & fall hazards.
- All employees are responsible for keeping walking and working surfaces clear of slip and trip hazards.
- Employees are responsible for taking action against slip, trip & fall hazards.

### Stay Aware!

- Rocks, dirt. Uneven surfaces can cause ankle injuries.
- Eyes on path: Keep an eye on your walking path.
- Personal fall arrest systems or guardrails must be in place whenever fall heights over 6' are encountered.



### Wear Protective Footwear

- Wear quality protective footwear that protects the ankles and toes, and has an aggressive tread.
- Avoid wearing tennis shoes or light footwear on any construction jobsite.

### Jobsite and Work Area Holes

- Use caution around the following fall hazards.
  - Sewer manholes and utility vault doors
  - Trenches
  - Leading edge fall hazards
  - Ditches and culverts
  - Protect workers from:
    - Objects or workers falling into holes
    - Tripping/stepping in or through holes
  - Cover holes or provide warning guardrails



### Use Three-Point Contact When Mounting and Dismounting Machines, Trucks and Equipment.

- Keep grab rails and machine steps in good repair and clear of tools, chains and mud buildup. Repair if damaged.
- Don't jump from machines. Knee and ankle injuries could result.
- Don't climb on areas of the machine marked "not a step". Hoods, tires and fenders can cause a slippery fall hazard.
- Make sure all flood lighting functions. Good lighting helps reduce falls from machines.
- Keep a flashlight handy during night work.
- Keep an eye out for potholes, and "ankle twisters" in parking lots or on jobsites.

### Back at the Shop and Office

- Try to keep floors clean and free of slip and trip hazards like water, cords and parts.
- Wipe up grease & oil and water left from machines
- Cover lubricant and fluid leaks with kitty litter from machines.
- Clear shop and office floors of water by using a squeegee. Wet-dry vac or fan.
- Remove old parts and scrap regularly.
- Install guard railing on exposed stair openings or mezzanines.
- Keep shop floor drains & maintenance pits covered
- Keep air and torch hoses, extension cords picked up when not in use.
- Make sure the shop dog or cat won't trip up an employee visitor.

